

QUESTIONS THAT MATTER.

SCRIPTURE: Mark 4:35–41

1. **BELONG** – This section isn't a filler but an intentional time to slow down and assess how people are doing in their personal and spiritual lives. Feel free to change the questions, but the point is to truly sit in this moment to allow time and space for encouraging spiritual connection.
 - A. What is one activity in your life that makes you feel stress-free?
 - B. How would you describe the worst storm you've ever been through?

2. **DISCOVER** - Read Mark 4:35–41 together and discuss the questions below. Remember, this is meant to be a dialogue, not a monologue. Being a Life Group leader doesn't mean you have to be a subject matter expert on the Bible. It simply means that you are the lead learner. This section is all about discovering the Word together.
 - A. How would you sum up the theme of this passage to someone who hasn't read it before?
 - B. What encouragement do you find in the passage? What's challenging or uncomfortable?
 - C. What truth(s) does this passage teach us about the character of **God**?
 - Can you think of any other passages in Scripture that support this truth?
 - D. What truth(s) does this passage teach us about the character of **mankind**?
 - Can you think of any other passages in Scripture that support this truth?
 - E. Reading through this passage, why do you think Jesus' disciples were terrified to discover Jesus' power over the wind and waves?

3. **GO** – Take time to apply the text. Once we hear truth, we are called to live it out. If our groups just sit and talk about information, they won't experience transformation. This section is about self-reflection and helping one another be accountable to live out what we're learning.
 - A. How have the last few years impacted the level of anxiety you experience day to day? Does your experience with this mirror the general trends of increased anxiety we see across the country?
 - B. The disciples, in verse 41, were blown away by Christ's power to rescue amid certain death. Is there a time in your life where the Lord's provision in the face of adversity has shocked you?
 - C. In what areas of your life are you most tempted to respond with fear? What does steadfast faith look like in that type of season?

4. **PRAYER** – Petition the Lord together as you close out your group time with outward focused prayer time.
 - A. Knowing that the promise of adversity, trial, and suffering comes for each of us, ask the Lord for faith instead of fear when we encounter our next or current storm.
 - B. Ask the Lord to give you and your group members His rest and peace.